

# **REPS MISSION:**

To preserve, protect and promote life, by raising awareness and providing a lifeline of support and healing in our communities.

## **REPS VISION:**

REPS is the leading volunteer organization that positively changes lives by providing suicide prevention and support programs in Routt and Moffat counties.

### **ABOUT US:**

REPS is a 501(C)(3) not-for profit organization that serves the community members of Routt and Moffat County. REPS provides crisis support, education, training, prevention and postvention support. REPS staff, dedicated Board of Directors and skilled Volunteers are dedicated to combating suicide and breaking mental health stigma.

#### **PROGRAMS:**

- Suicide Prevention Advocates (SPA)
- Loss Assistance
- Youth Ambassador Program (YAP)
- Youth & Adult Counseling
- It Takes Courage
- High School Education
- LivingWorks Start
- QPR Institute (Question, Persuade, Refer)
- AFSP's Talk Saves Lives
- AFSP's It's Real: Teens & Mental Health
- LivingWorks safeTALK
- LivingWorks ASIST

### **GET INVOLVED:**

- Follow us on social media and share our messaging and other helpful tips
- Take one of our trainings and become a suicide prevention advocate
- Create community collaborations to spread awareness about our work
- Volunteer and tackle projects in our community
- Make yourself a priority and utilize our counseling program

We are always looking for valuable volunteers to assist REPS in fulfilling our mission. We truly could not do the important work we do without community support from people like you!



If you or someone you know is experiencing a mental health crisis, please call **988** immediately.



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Reaching Everyone Preventing Suicide is a 501(c)(3) non-profit organization.